

WINES

White

	6oz	Bottle
Sauvignon Blanc Yali «Wild Swan» Central Valley Chile	12	48
Chardonnay Oakbank South Australia	12	48
Pinot Grigio Santa Julia Mendoza Argentina	13	52
Pinot Grigio/Chardonnay Umberto Cesari «iove» Emilia Italy	13	52
Riesling Vineland Niagra Peninsula Canada	14	55
Chenin Blanc/Viognier Bees Knees Western Cape South Africa		55
Chardonnay Leaping Horse California United States		55
Sauvignon Blanc Yealands Marlborough New Zealand		63
Malagouzia Alpha Estates Florina Greece		63
Pinot Grigio Terlan Alto Adige Italy		82

Sparkling

Brut Cava Codorniu «Mediterrania» Penedes Spain	13	52
Spumante Prosecco Bianco Nero Veneto Italy	13	52
Lambrusco Bertolani «Oro» Emilia-Romagna Italy	14	56
Riesling «Spark» Tawse Twenty Mile Bench Canada		74
Brut Ployez Jacquemart «Extra Quality» Champagne France		130

Rosé

	6oz	Bottle
Grenache/Cinsault/Syrah Claude Val Pays D'Oc France	12	48
Pinot Noir Te Pa Marlborough New Zealand		69
Brut Rosé Ployez Jacquemart «Quality» Champagne France		140

Red

Merlot St.Martin Pays d'OC France	12	48
Shiraz Tempus Two South Eastern Australia	12	48
Pinot Noir Ventisquero «Reserva» Casablanca Valley Chile	13	52
Cabernet Sauvignon Moscota «Opi» Mendoza Argentina	13	52
Montepulciano Botter «Era» Abruzzo Italy	14	56
Baco Noir Henry of Pelham Ontario Canada	14	56
Tempranillo Vina Zorzal Navarra Spain		62
Red Blend Farmhouse California United States		65
Shiraz Heron Ridge «O NINE» Stellenbosch South Africa		67
Sangiovese/Ventisei Tuscany Italy		67
Malbec La Flor Mendoza Argentina		67
Merlot Nk'Mip Okanagan Valley Canada		69
Cabernet Sauvignon McManis California United States		75
Sangiovese Merlot Tolaini «Al Passo» Tuscany Italy		90

COCKTAILS

\$15

Our artisanal cocktails are made with the highest quality ingredients, carefully handcrafted to compliment your spa experience and contain 1.5oz of spirits.

RASPBERRY SHIRAZ SANGRIA

Red Wine | White Rum | Peach Schnapps | Apricot Brandy | Triple Sec
Crème de Cassis | Orange Juice | Lemon | Lime | 7Up | Raspberry Puree

BLACKBERRY WHISKEY SANGRIA

Blackberry Whiskey | Red Wine | Gingerale | Blackberry Pomegranate Juice

MANGO SAUVIGNON BLANC SANGRIA

White Wine | Peach Schnapps | Apricot Brandy | Triple Sec | Pineapple
Juice | Lemon | Lime | 7Up | Mango Puree

CINNAMON RUM MANHATTAN

Rum | Vermouth | Cinnamon Simple Syrup | Bitters | Cinnamon Stick | Cherry

PEARED NICELY

Vodka | St.Germain | Cava | Pear Puree | Lavender Simple Syrup | Lemon

SPICY MARGARITA

Tequila | Grand Marnier | Jalapeno | Lime | Simple Syrup | Lime Salt

GIMLI SOUR

Crown Royal Whiskey | Red Wine | Lemon | Simple Syrup | Egg Whites

CRANBERRY 'GIN'GER MULE

Gin | Crème de Cassis | Ginger Beer | Cranberries | Simple Syrup | Lime

BOURBON APPLE CIDER

Bourbon | Apple Cider | Cinnamon Simple Syrup | Lemon

CLASSIC CAESAR

Vodka or Gin | Clamato | Tabasco | Worcestershire | Pickle
Dehydrated Lime Salt

BEERS

\$9

1919 | LITTLE BROWN JUG

Spicy, herbal and low bitterness with malt flavours and a dry finish

KISSMEYER NORDIC ALE | BEAU'S

Dry hoppiness, herbal, hints of caramel with an intense finish

LUG TREAD | BEAU'S

Graham Cracker malt taste with freshly cut hay and apple flavours

TOM GREEN SEASONAL STOUT | BEAU'S

Please ask your server about our seasonal stout tasting notes

BLUEBEARY ALE | TRANS CANADA BREWING CO

Subtle berry notes on the nose and palate, a well-balanced ale with a refreshing finish using natural blueberry flavour

BALTIC PORTER | NONSUCH BREWING CO

This porter style ale opens with aromas of coffee, nuts and toast followed by sweet malt, coffee and roasted malt flavours.

ROTATING BARN HAMMER BREWING COMPANY

Ask your server for this month's Barn Hammer Brewing beer selection.

ROTATING LOCAL DRAUGHTS

Ask your server about our current local draft

HOT/COLD

Add any flavour shot or whipped cream to any beverage for \$1

DRIP COFFEE	4
BOOZY COFFEE	12
Ask your server for today's specialty boozy coffee offering	
AMERICANO	4
ESPRESSO	4
LATTE	5
CAPPUCCINO	4.5
CAFÉ MOCHA	5.5
MICRO GROUND CHAI LATTE	5.5
SMORES HOT CHOCOLATE	6
FRESHLY SQUEEZED ORANGE JUICE	5/8
HOUSE MADE LEMONADE	4
BLOOD ORANGE PU-ERH ICED TEA	4
WOLSELEY KOMBUCHA	
Pomegranate Limeade	8
Lemon Ginger	
Q WATER - ONE LITRE OF STILL OR SPARKLING	3
Ask your server for available fruit infusions	
VERDE COLD PRESSED, RAW & ORGANIC JUICE	11
Indoor Recess	
Apple, Cucumber, Beet and Lemon	
Road Trip	
Orange, Lemon, Tumeric, Chia Seeds	
Lake Life	
Cucumber, Celery, Spinach, Green Apple, Kale, Lemon and Ginger	

LOOSE LEAF TEA

\$3.5

Our tea offerings are custom blends by Cornelia Bean, designed to focus on the benefits they offer and to contribute to the health and wellness theme of Therméa.

STRESS RELIEF

A blend of peppermint, chamomile and passion flower to calm your inner self.

CALMING

A pillow talk blend of soothing rooibos, ashwaghandha, valerian root and lavender.

DIGESTION

A blend of cinnamon and lemon grass, supported on a bed of aged tea containing enzymes.

DETOX

A cleansing blend of dandelion root, red clover blossoms, sweetfern and wild blue hyssop.

ENERGY BOOST

A bend that delivers lots of energy from yerba mate, lab leaves, wild mint and nettle.

MOOD BOOST

A sacred blend of white pine, wild sage and sweet grass to reduce irritability and let it shine.

PAIN RELIEF

A relief blend of green and black organize tea with turmeric, ginger, bael nut and cornflower.