



DESSERT



Gluten free

Nut free

Vegan

Vegetarian

Local

Dairy free

-    **CHOCOLATE DETOUR AFFOGATO** 7
With made in-house double chocolate ice cream
-    **FRESH FRUIT PLATZ À LA MODE** 8
With made in-house vanilla bean ice cream
- HOUSE-MADE ICE CREAM OR SORBET** 8
Ask your server for the flavours of the day
-    **CHOCOLATE FONDUE** 17
Served with fresh fruit and marshmallows
-  **PUNCH BUGGY TIRAMISU** 8
Detour punch buggy espresso tiramisu
-   **ORANGE CREME BRÛLÉE** 9
Served with orange blossom whipped cream

S'MORES 10
Immerse yourself in the full Manitoba experience with this interactive dessert. Graham crackers, Lindt chocolate, and fluffy marshmallows that you get to roast on the fire outside in the spa.

Choose between 5 flavours of Lindt dark chocolate:

Mint | Caramel | Sea Salt
Orange | Black Currant

Ask your server for coffee and tea recommendations

COFFEE / DRINKS

COLD BREW	4
AMERICANO	4
ESPRESSO	4
LATTE	4.5
CAPPUCCINO	4.5
CAFÉ MOCHA	5
HOT COCOA	3
ORANGE JUICE	4
LEMONADE	4
BLOOD ORANGE PU-ERH ICED TEA	4
WOLSELEY KOMBUCHA	8

Ask your server about available flavours!

VERDE COLD PRESSED, RAW & ORGANIC JUICE

INDOOR RECESS	11
Apple, Cucumber, Beet and Lemon	

ROAD TRIP	11
Orange, Lemon, Tumeric, Chia Seeds	

LAKE LIFE	11
Cucumber, Celery, Spinach, Green Apple, Kale, Lemon and Ginger	

Q WATER - ONE LITRE OF STILL OR SPARKLING	3
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Fruit infusions available!

Please ask your server what is fresh and available to infuse into your Q water today. Q water is filtered to order on site, the 4 tiered Q water filtration system provides the cleanest tasting water available. The eco-friendly sustainable system eliminates the need for bottles and delivery.

LOOSE LEAF TEA

- BLOOD ORANGE PU-ERH** 3.5
The base aged tea in this blend is called pu-ERH and its health value comes from special fermentation of green tea to create a dark or black tea with less acidity for better digestion. The addition of orange to the blend delivers a sweet palate pleaser.
- BLUELINE ROOIBOS** 3.5
A Manitoba Jet blend of organic hearty rooibos with rose hips and petals, lavender flowers, red currants, blueberries, seabuckthorn leaves, hibiscus flowers and labrador leaves bring out the high antioxidants as well as a full fruity flavour profile.
- GYOKURO JADE DEW** 3.5
The healthiest green tea on the market; grown in the shade to avoid the full strength of the sun ensures a full green colour and highest quality taste.
- MICRO GROUND CHAI LATTE** 4.5
This unique process is done by hand with large rotating stone grinders that pulverize the spices and the black tea, thus delivering the spiciest chai in the market.
- NEPAL HIGH GROWN** 3.5
This tippy, high mountain grown green/black tea is very light and aromatic due to its short growing season and delicate environmental elevation in the Himalayas. Hardly visible in the cup, it delivers a light sweet taste to any meal.
- SACRED BLEND** 3.5
A Canadian Boreal blend, it is harvested in Manitoba and is ethically hand-picked by Northern harvesters to bring you a taste of the North with pine needles, sage, and sweetgrass that is often used in ceremony.
- BOREAL MORNING** 3.5
A Canadian boreal blend original, this breakfast blend produces a balanced and uplifting tea that energizes without the caffeine due to the labrador leaves, mint, angelica, joe-pye, astragalus, ginseng, nettle, and alfalfa in the mix.